

THURSTON-MASON COUNTY

Medical Society

September 2014

Newsletter

TMCMS Board of Trustees

Kevin Roscoe, MD, President

Rachel Reeg, MD, Immediate Past President

Bob Lang, MD, President-Elect

Dave Cundiff, MD, MPH, Treasurer

Noel Beckford, MD, Trustee

Dominique Coco, MD, Trustee

Cole Mason, MD, Trustee

Hal Stockbridge, MD, MPH, Trustee

Rachel Wood, MD, Trustee

Jena Layton, Executive Director

MESSAGE FROM THE TMCMS PRESIDENT

By Kevin Roscoe, MD

Summer is holding on to the very end, however I can feel the change coming. This weekend I, along with several TMCMS board members will be attending the annual WSMA House of Delegates Meeting in SeaTac. Together with over 200 members of the WSMA from around the state, we will review and vote on a flood of new resolutions. The resolutions that are passed by the House of Delegates will direct WSMA policy and legislative agenda for the coming year. I am looking forward to vigorous discussions and perhaps some thinking out of the box.

As a member of the TMCMS, you are eligible to join us as well. We have one delegate seat unfilled this year and hope that you or your colleague can find time in your busy schedule to attend, reach out to Jena if you are interested. It is an eye opener to be surrounded by so many of your colleagues from around the state discussing issues that concern the future of medicine.

I plan on finalizing the website redesign by end of my term in December. Talks are underway for a welcome new physician barbecue next summer as well as a Gut Club meeting in December. Thank you again for being part of your county medical society.

2014 WSMA ANNUAL MEETING OF THE HOUSE OF DELEGATES

The WSMA 2014 Annual Meeting of the House of Delegates is September 20-21 at the Hilton Seattle Airport. The annual event brings together the approximately 200 voting members of the House of Delegates to establish policy for the state medical association.

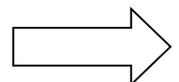
The TMCMS has six delegate seats this year. We have five seats filled and are looking for an additional delegate. If you are a member of the TMCMS and would like to serve as a delegate please contact Jena Layton at jlayton@comcast.net or call 360.352.1417. The TMCMS will cover your transportation and hotel expenses.

The House of Delegates meeting is free for all WSMA members. For the conference schedule, speaker information or to register for the event, please go to the WSMA website at www.wsma.org. You will find information on the WSMA Annual Meeting under the Education and Events section.

THURSTON THRIVES UPDATE BY COLE MASON, MD

Thurston Thrives is an initiative by the Thurston County Board of Health to improve the health of the residents of the county. The statewide county health rankings are compared using data compiled by the University of Wisconsin and available for counties within Washington State. The Board of Health enlisted community members to participate in the process of analyzing various factors which contribute to those rankings, and ultimately to help improve those rankings. The Thurston Thrives Advisory Council consists of those community volunteers who have expertise in nine different areas: Child/Youth Resilience, Clinical Care & Emergency Care, Community Design, Community Resilience, Economy, Education, Environment, Food and Housing. Additional members of the community were enlisted to participate in those designated Action Teams and then report to the Board of Health members. Those teams developed strategy maps to present to the Board of Health. The Advisory Council's role was to review all those reports and aid the County Commissioners in understanding and prioritizing the recommendations enumerated in the Strategy Maps.

1800 Cooper Point Road SW, #7-A
Olympia, WA 98502
(360) 352-1417



There are three phases of the Thurston Thrives initiative. Phase I is almost complete as of this date and is described above (2013-2014). In Phase II (2014-2020) those strategies will be implemented, involving communication to and involvement of the general public while Phase III (2020-2021) is the reassessment of the goals and comparisons of health measures to see if we have improved our county's health.

TMCMS participated in the Clinical Care & Emergency Care Action Team. Steve Albrecht, M.D. volunteered to be the leader and delivered the Strategy Map to the Board of Health on August 12, 2014. Cole Mason, M.D. and Rachel Wood, M.D. participated in that Action Team process and also on the Advisory Council. Other medical participants who were both on the Advisory Council and Action team were Mariella Cummings, RN who is the CEO of Physicians of Southwest Washington, Kevin Haughton, M.D. of the PSPH Residency Training Program. Other members of the Action Team included Commissioner Cathy Wolfe, Jacqueline Brown (PSPH), Winfried Danka (Choice) and of course Patty Seib who facilitated our meetings and staff Mary Ann O'Garro and Chris Hawkins.

As mentioned above, the next phase is implementation – to carry out and continue the action strategies, communicate continuously, engage the public in action and review progress utilizing defined measures of improvement in the 9 areas.

All the Strategy Maps as well as background information is on the Thurston Thrives website www.thurstonthrives.org. If you would like to participate in the future of the health of our community by working with the Clinical Care & Emergency Care Action Team, I would encourage you to contact Don Sloma through the Department of Health website or Jena Layton at jlayton@tmcms.org.

“THE GREATEST GOOD FOR THE GREATEST NUMBER” MEDICAL SURGE: ARE THURSTON COUNTY PHYSICIANS PREPARED FOR A DISASTER?

What do Hurricane Katrina, Super Storm Sandy, the H1N1 influenza pandemic of 2009, and the Boston Marathon bombing all have in common? All of these were events where the demand for medical care: medically-trained persons, medical supplies, equipment and medical spaces (clinics, hospitals or nursing homes) was greater than the supply of medical care, even if only for a brief period.

In the event of a medical surge, how should scarce medical



resources be allocated, and who makes those decisions? Join local healthcare providers on September 25th, for an hour long interactive presentation by Dr. Rachel Wood, Health Officer for Thurston and Lewis Counties. This discussion will include asking the following questions: What do we do to prepare for a medical surge? What are the indicators and triggers that mean we need to change how we provide care? How do we prepare to provide the best possible medical care in the event of the worst possible circumstances? "

This presentation will be on September 25 from 12:30-1:30 at Providence St. Peter's Hospital. CME 1 credit will be available.

WAMPAC HOSTS CANDIDATE FUNDRAISERS IN SEPTEMBER

WSMA's political action committee, WAMPAC, together with Physicians Insurance will be hosting two campaign fundraisers for state legislative candidates - one for Democrats on Tuesday, Sept. 23, and one for Republicans on the following Tuesday, Sept. 30. Both events will take place at the WSMA's new office in downtown Seattle. The events run from 5-7 p.m. and feature candidates who are friends of the WSMA and powerful leaders in Olympia. All members and practice staff are encouraged to attend (don't forget your checkbook).

Sept 23: Democratic fundraiser Candidates participating: Dr. Nathan Schlicher, Rep Eileen Cody and Rep. Steve Berquist.

Sept 30: Republican fundraiser candidates participating: Sen Andy Hill, Rep Jay Rodney, and Rep Matt Manweller.

Please RSVP for the event by contacting Sean Graham at sean@wsma.org or (360) 259-4184.

UPCOMING EVENTS

- **WSMA Annual Meeting of the House of Delegates** September 20-21 at the Hilton Seattle Airport & Convention Center in SeaTac, WA.
- **Doctors Without Borders Recruiting Event** Tuesday, September 30 from 7:00-8:30 PM. This event will take place at the Belltown Community Center in Seattle. The address is 415 Bell Street, Seattle, WA 97121. For more information and to register go to <https://msfinfoessionseattle093014.eventbrite.com>
- Northwest Association of Occupation and Environmental Medicine **2014 Annual Scientific and Clinical Education Conference** is on October 3-5, 2014 at the Alderbrook Resort and Spa in Union, Washington. For additional information contact the NAOEM Office at 206-956-3642, or email to ddw@wsma.org.