

THURSTON-MASON COUNTY

Medical Society

September 2015

Newsletter

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MESSAGE FROM THE TMCMS PRESIDENT

By Bob Lang, MD

I hope that you all have had a wonderful summer. As the weather seems to be looking towards fall, we at the Medical Society are doing the same. We have several membership activities planned for the remainder of the year and hope to see you some or all of these events.

Please plan to attend the October 8 meeting at the Olympia Golf and Country Club with Dr. Gary Franklin and Chris Baumgartner who will be speaking on "Responsible Management of Opioid Prescribing and the WA State Prescription Monitoring Program". Please note that the venue has been changed from Indian Summer to Olympia Golf & Country Club to accommodate more people.

Our second annual New Members Social will be on December 4 in West Olympia. Last year we had the chance to welcome several new residents and members at my house on Johnson's Point. This year, Jena Layton has offered to host the social at her house out towards Steamboat Island. We hope this location will be more convenient for our West Olympia and Shelton members. Mark your calendars now and plan to attend this fun event.

Finally, The TMCMS is moving forward with plans for our inaugural spring gala on March 26, 2016 at the Indian Summer Golf & Country Club. The gala called "Blooming with Health" will give our medical society the opportunity to raise funds for organizations or projects that are promoting good health for residents of Thurston and Mason counties. If you have an idea of a

worthy beneficiary that promotes health in our two counties please contact me at bob@olympianeuro.com or Dr. Nancy Mackin, the gala committee chair at nancy.mackin4@gmail.com. The gala planning committee is looking for additional members, if you would like to help plan this important event please contact Dr. Nancy Mackin.

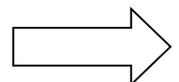
"RESPONSIBLE MANAGEMENT OF OPIOID PRESCRIBING AND THE WA STATE PRESCRIPTION MONITORING PROGRAM"

The TMCMS is hosting a membership meeting on Thursday, October 8 at 6:30 PM at the Olympia Country & Golf Club. Please note the change of location from Indian Summer Country Club to the Olympia Golf & Country Club. This free event is open to all physicians and physician assistants in Thurston and Mason counties. We are pleased to have Gary Franklin, MD and Chris Baumgartner as our guest speakers.

Dr Gary Franklin, Medical Director of the WA State Department of Labor and Industries, will discuss the comprehensive 2015 Interagency Guideline on Prescribing Opioids for Pain. You will learn about the key factors that have led to the opioid epidemic, and the critical recommendations in the 2015 Guideline that are most likely to reverse that trend.

Chris Baumgartner, Director of the WA State Prescription Monitoring Program, will discuss the Prescription Review database, a centralized database that holds controlled substance prescription information for all patients across the state. Dispensers submit data to the database and prescribers are able to review prescription history information and look for potential

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interactions. This program is designed to protect patient safety and deter prescription drug misuse.

Representatives from the Department of Health will be there with computers to help you enroll in the Prescription Review database.

You may claim 1.5 hours of CME 2 for attending this event and complementary dinner will be served. To RSVP for this event, please call Jena Layton at 360-352-1417 or email to jlayton@tmcms.org.

WSMA ANNUAL MEETING OF THE HOUSE OF DELEGATES

The WSMA annual meeting is on September 26-27 in Spokane, WA at the historic Davenport Hotel. This annual event brings together hundreds of physicians from across the state and culminates in the meeting of the House of Delegates where resolutions which shape WSMA policy and legislative priorities are debated and voted on by the delegates.

The theme of the annual meeting is “Building a Better State of Health” and the keynote speaker is T.R. Reid who wrote “The Healing of America: A Global Quest for Better, Cheaper, and Fairer Healthcare”.

The meeting is free for all WSMA members. Even if you can’t attend, be sure to visit the virtual reference committees on the WSMA webpage to read and comment on the resolutions that have been submitted for consideration this year.

NEW LAWS IMPACTING YOUR PRACTICE AND PATIENTS THIS YEAR

While the legislative news coming out of Olympia may sometimes seem a bit removed from the realities of medical practice and patient care, you can be sure that Washington State Medical Association’s advocacy work has real-world consequences. The following new laws—now in effect—were passed during this year’s legislative session with the help of the WSMA:

- Reimbursement for telemedicine services
- Easing access to opioid overdoes medication
- Requiring universal autism screenings for children covered by Medicaid

In partnership with:

Washington **WSMA**
State **Medical**
Association

- Allowing ARNPs to sign and attest to documentation within their scope of practice
- Requiring testing of newborns for critical congenital heart defects before they leave the hospital
- Access to pre-packaged emergency medications to patients being discharged from an ED when there is no pharmacy available
- Requiring a physician prescription for disabled parking (from 2014, effective July 1, 2015)

TMCMS WEBSITE

Make sure you check out the improved TMCMS website for up-to-date information on the TMCMS. All members should have received their username and password to access the member-only section of the physician search database. As always, we welcome your comments and suggestions on what we can do to make the website more useful for you and your patients.

2016 SPRING GALA FUNDRAISER

Mark your calendars for March 26, 2016 and plan to attend the inaugural TMCMS Gala. This formal event will take place at the Indian Golf & Country Club and include a silent auction, dinner and dancing. The Jovino Santos Neto Quinteto will provide the music. Join us for an evening with friends and colleagues and help us raise funds for the Volunteer Care Institute, which is the TMCMS’s foundation to support worthy health-related causes in our community.

UPCOMING MEETINGS AND EVENTS

- **WSMA Annual Meeting of the House of Delegates** “Building a Better State of Health” – September 26 & 27 at the historic Davenport Hotel in Spokane, WA
- **“Responsible Management of Opioid Prescribing”** Thursday, October 8 at 6:30 PM at the Olympia Golf & Country Club
- **New Members Social** Friday, December 4 from 6:00-8:00 PM at the home of Jena Layton
- **Gut Club**, Thursday, January 21 at 6:00 PM at the Water Street Café in Olympia.

Check out the TMCMS website calendar for a full listing of all upcoming TMCMS meetings and events.