

THURSTON-MASON COUNTY

Medical Society

December 2014

Newsletter

TMCMS Board of Trustees

Kevin Roscoe, MD, President

Rachel Reeg, MD, Immediate Past President

Bob Lang, MD, President-Elect

Dave Cundiff, MD, MPH, Treasurer

Noel Beckford, MD, Trustee

Dominique Coco, MD, Trustee

Cole Mason, MD, Trustee

Hal Stockbridge, MD, MPH, Trustee

Rachel Wood, MD, Trustee

Jena Layton, Executive Director

MESSAGE FROM THE TMCMS PRESIDENT

By Kevin Roscoe, MD

What a great year! Thanks to an incredibly dynamic and creative board we have had a successful year at the TMCMS. First off, thank you to all of our members for your commitment to the medical society and to promoting the practice of medicine here in Thurston and Mason Counties. Sincere thanks go to our Executive Director, Jena Layton, for her organization and leadership, and to all the board members at TMCMS who have donated their valuable time and energy for the physicians and practitioners of our counties over the past year. We are incredibly excited about the new opportunities of the coming year.

The Gut Club at the Water Street Café on January 7th still has a few openings. Come join us!

Remember to mark your calendars and join us for the WSMA Legislative Summit January 26th at the Red Lion in Olympia.

Please join your colleagues at the TMCMS Annual Meeting on February 12th. We will have a much anticipated, incredibly gifted speaker from the University of Washington to open up your eyes to one of the most important elements of your practice...you! This is an event not to be missed.

During this holiday season I hope you enjoy time with your loved ones. We look forward to seeing you in the new year.

TMCMS HOSTS ITS FIRST FALL MEMBERSHIP SOCIAL

A big thanks to Drs. Bob Lang and Nancy Mackin for hosting the Fall Membership Social in November at their home on Johnson's Point. Over 30 members and their spouses joined the TMCMS board to welcome new physicians to the area. Thanks also to Sean Graham from the WSMA who gave an update on the WSMA legislative priorities for the upcoming 2015 Legislative Session.

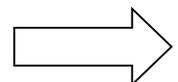
The TMCMS is looking forward to hosting more membership socials in 2015. We hope to see all of you at one in the future. It is a great way to meet and network with other members, talk with board members and learn more about your local medical society.

MEETING OF THE GUT CLUB OF SW WASHINGTON

The dinner and meeting of the Gut Club of SW Washington is fast approaching. Come and enjoy a dinner at the Waterstreet Café, meet colleagues, and listen to an informative presentation on new therapies to treat Hepatitis C. These events always prove to be extremely informational and popular. Don't miss out on this opportunity! **There are still a few spaces available so be sure to register for this FREE event as soon as possible.** Due to space, seating is limited to the first 50 individuals who RSVP.

Renuka Bhattacharya, MD, of the University of Washington Hepatology and Liver Transplant Services will be the featured speaker. She will discuss new all-oral therapies to treat Hepatitis C. With exciting new therapies that have high treatment efficacy and low side

1800 Cooper Point Road SW, #7-A
Olympia, WA 98502
(360) 352-1417



effect profiles, Hepatitis C might soon be on the verge of eradication! 1.5 hours of Category 2 CME credit may be claimed by physicians attending this event. Seating is limited to the first 50 participants. A waiting list will be maintained after the first 50 RSVPs.

Date: Wednesday, January 7, 2015

Time: 6:00 to 8:30 PM

Location: The WaterStreet Café in Olympia,

RSVP: jlayton@tmcms.org or 360.352.1417

WSMA LEGISLATIVE SUMMIT

The 2015 WSMA Legislative Summit will be held Monday, Jan. 26 at the Red Lion Hotel in Olympia. The annual summit is a chance for members, non-members and others to join the WSMA and together take our pro-medicine messages directly to legislators in Olympia.

This Summit provides a great opportunity for members of the TMCMS to get involved as it takes place right here in Olympia. Please plan to attend this important day for physicians and make your voice heard in Olympia.

The day-long event is free for WSMA, WSMGMA and WASCA members, and features a morning of presentations from legislative leaders discussing their health care priorities followed by afternoon face-to-face meetings with legislators at the Capitol.

The WSMA will plan your afternoon meetings with your legislators. For those of you who are new to the process, the morning session will include speakers, education on how to talk to your legislator, and an overview of two or three issues you will advocate for while in Olympia.

To register for this event, please go to the WSMA website at www.wsma.org. You will find registration information under the Education and Events button and click on WSMA Legislative Summit.

TMCMS ANNUAL MEETING

The TMCMS annual meeting is Thursday, February 12th from 6:30 to 8:30 PM at the Indian Summer Golf &

Country Club. Plan to join us for this important medical society annual meeting. In addition to dinner and a presentation from Dr. Claudia Finkelstein from the University of Washington (see below), TMCMS members will elect board members for 2015, get a chance to thank our outgoing president as well as recognize two board members who are stepping down this year.

Dr. Claudia Finkelstein will present on "**Building Resilience into Medical Practice.**" Her presentation will explore recent statistics on physician wellness and will discuss both individual as well as organizational approaches to change. Claudia spoke at the WSMA Leadership Development Conference in Chelan last year and was extremely well received. We are excited for our general membership to get another chance to hear her speak.

Dr Claudia Finkelstein is a general internist and a clinical associate professor of medicine at the University of Washington. She has taught medical students and residents throughout her practice and is currently the co-chair of the faculty wellness committee. She has taught students in the conventional medical curriculum and has developed a wellness curriculum for the first and second years. She has lectured widely on the topic.

THERE IS STILL TIME TO RENEW YOUR MEMBERSHIP EARLY AND SAVE

The WSMA is offering a discount for active physicians who renew their membership by the end of January. To join or renew your TMCMS and WSMA membership, please go to the WSMA website at www.wsma.org.

UPCOMING EVENTS

- **Dinner and Meeting of the Gut Club:** Wednesday, January 7, 2015 at the WaterStreet Café from 6:00 to 8:30 PM. Attendance limited to the first 50 to RSVP.
- **WSMA Legislative Summit:** January 26, 2015 at the Red Lion Hotel in Olympia.
- **TMCMS Annual Meeting:** Thursday, February 12 from 6:30 to 8:30 PM at the Indian Summer Golf and Country Club.

In partnership with:

Washington **WSMA**
State **Medical**
Association