



April 2016

Newsletter

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MESSAGE FROM THE TMCMS PRESIDENT

By Ken Lee, MD

The Thurston-Mason County Medical Society held its first benefit "Blooming with Health" Spring Gala on March 26. The Gala raised \$18,000 to be divided equally between the Olympia Free Clinic in downtown Olympia, a Thurston County beneficiary, and the Mason County Community Swimming Pool Project, a Mason County beneficiary. Over 200 attendees enjoyed a delicious dinner and danced to music provided by a very talented group of award-winning musicians known as Sonic Funk Orchestra.

Our Gala was successful because we had help not only from medical society members and their wives and husbands, but from hardworking members of the Thurston community.

Your board would especially like to acknowledge and thank the following: Dr. Nancy Mackin, Gala Chair, who worked daily on the project from inception to execution. Mary Jo Stientjes who secured many silent donation items while 3,000 miles away in Florida. Kelly Ockerman who individually made all the table arrangements, collected the silent auction items and set it all up on Gala Day. Jena Layton, our Executive Director who, with husband Tim, manned the front desk throughout the Gala night and provided accounting expertise throughout this project. Fellow board member, Dr. Hal Stockbridge, who was instrumental in getting the ultimate silent auction item - a Whistler condo provided by Dr. Sean and Reshma Kearney, along with other items and monitored the silent auction.

We would also like to acknowledge and thank our generous sponsors:

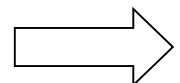
- Platinum Sponsor: David Kinard and Physicians Insurance, \$10,000.
- Silver Sponsor: South Sound Radiology, \$2,500.
- Bronze Sponsor: Thurston-Mason County Medical Alliance, \$1,500.
- Wine donation: Ray Curtis, Northwest Mountain Winery and Harlin & Mary Jo Stientjes.
- Anchor Bank and First Citizens Bank who each donated \$250.

We also wish to thank the individuals and businesses who purchased Gala tables:

- Mason General Hospital
- Providence Saint Peter Hospital
- Olympia Orthopedics
- Peoples Injury Network Northwest (PINN)
- Drs. Sun-Won Kim and Megan Duffie
- Stacy Steck, Board Member, Olympia Free Clinic
- Shelley McDermott, Partner, OTB Solutions
- Washington State Medical Association
- TMCMS Board members Dr. Eddy Cates and his wife Beth Doglio, running for State Representative, Dr. Rachel Wood and her husband Dr. Kevin Haughton, Dr. Daniel Stein, Drs. Robert Lang and Nancy Mackin.

In honor of Gala Committee member, Kristyn Blocher of Douglas Northwest, we would like to announce a diaper and fund raising event **No Child Wet Behind** 5K fun run May 21, 2016. Details available online at <https://www.facebook.com/events/174840816198293/>

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WSMA LEADERSHIP CONFERENCE ON MAY 20-21

There is still time to register for the annual WSMA Leadership Development Conference in Chelan, Washington

Building on the Healthy Doctors, Healthier Patients initiative, this year's Leadership Development Conference will focus on improving the clinician experience and "Achieving the Quadruple Aim." *The Quadruple Aim is Better Outcomes, Improved Patient Experience, Lower Costs, and Improve Clinician Experience.* To that end, the WSMA has invited someone particularly well-suited to speak to the subject: Dr. Christine Sinsky, one of the physicians responsible for introducing the concept of the Quadruple Aim.

A general internist from Dubuque, Iowa, Dr. Sinsky co-authored an influential 2014 paper published in the Annals of Family Medicine titled "From Triple to Quadruple Aim: Care of the Patient Requires Care of the Provider." In it, the authors argued that provider well-being was inextricably linked to their ability to achieve optimized health performance, and as a result, an "improved clinician experience" must be considered as a fourth component to the Institute of Healthcare Improvement's Triple Aim of improving care quality and population health while lowering costs. Continuing on the theme of physician well-being, for this year's Leadership Development Conference, Dr. Sinsky and her husband (also a general internist) Dr. Thomas Sinsky will present "In Search of Joy in Practice," based upon an American Board of Internal Medicine Foundation study of high-functioning primary care practices, co-authored by the husband and wife team and published in 2013.

You can register for this conference on the WSMA website at www.wsma.org This activity has been approved for *AMA PRA Category 1 Credit*TM.

LOOKING FOR FUTURE WSMA LEADERS

Crucial to the WSMA's success as our state's premier physician professional association is a demographically representative volunteer leadership. The WSMA is now considering nominees for leadership positions, an excellent opportunity for physicians to get involved and help us ensure Washington continues to be the best place to practice medicine and receive care.

In partnership with:

Washington **WSMA**
State **Medical**
Association

If you or someone you know are interested in serving on the WSMA board of trustees, executive committee, AMA delegation or as the speaker or vice speaker of the WSMA House of Delegates, please visit the WSMA website. Nominations are due May 6.

NOMINATE A "HEALTH CARE CHAMPION" FOR 2016

Mark your calendars - The Thurston Chamber Health Care Champions Event will be on Tuesday, June 28 at the Olympia Country & Golf Club.

The Health Care Champions Selection Committee will be meeting soon and we need your nominations. If you would like to nominate someone for this award please contact Jena Layton at jlayton@tmcms.org. Please help us identify those people whose unique contribution, although exceptional, might go otherwise unnoticed. All we need is a name and contact information.

Last year the following physicians were recognized:

- Community Impact Award – Don Sloma
- Safety Net Award – Tim's Pharmacy
- Professional Leadership – Patrick Halpin, MD
- Innovation in Rural Medicine – Mark Schlauderaff, MD

2016 DIRECTORIES COMING OUT SOON

We are working on the 2016 Physician Directory. In order to be listed in the directory, you will need to renew your membership by the beginning of May. Don't miss your chance to be included in this important community resource and renew now. Please send any changes to your contact information to Jena Layton at jlayton@tmcms.org

UPCOMING MEETINGS AND EVENTS

April

- TMCMS board meeting, Thursday April 21

May

- WSMA Leadership Development Conference, Lake Chelan, May 20-21

June

- Healthcare Champions, Tuesday, June 28
- TMCMS Board Meeting, Thursday, June 30